

# **Horton Kirby and South Darenth Parish Council Newsletter March 2019**



Parish Office, Horton Kirby and South Darenth Village Hall,  
Horton Road, South Darenth, Kent, DA4 9AX

Parish Clerk: Heather Rohard

Assistant Parish Clerk: Lisa Bugler

[office@hksdparishcouncil.co.uk](mailto:office@hksdparishcouncil.co.uk)

01322 865193

Join our group on Facebook

The office is open Monday and Friday

9.00am to 12.30pm

**St George's Family Fun Day  
SATURDAY 27<sup>th</sup> April 2019  
Heathside – 12 noon till 4pm**

The Parish Council meet on the first Monday of each  
month at 7.30pm in the Village Hall

All welcome to come along

[www.hksdparishcouncil.co.uk](http://www.hksdparishcouncil.co.uk)

Newsletter edited by Dawn Mitchell, HKSD Parish Council



## **USEFUL CONTACTS**

**POLICE** - 999 (emergencies if life is in danger or crime is in progress)  
101 (non-emergencies)

Report a non-urgent crime or incident online at:

[www.kent.police.uk/services/report-online/kent-police-online-reporting](http://www.kent.police.uk/services/report-online/kent-police-online-reporting)

**Sevenoaks District Council** - 01732 227000

Fly tipping, street cleaning, dog fouling, parking issues, bottle banks, graffiti, planning applications, abandoned vehicles

**Dartford Borough Council** – 01322 343434

Fly tipping in Roman Villa Road (outside our boundary)  
[www.dartford.gov.uk](http://www.dartford.gov.uk) for online reporting

**Kent Highways** - 03000 418181

(emergency out of hours 03000419191)

Anything that may cause accident or injury, Kent Highways on line reporting [www.kent.gov.uk](http://www.kent.gov.uk) - go to 'Roads and Transport' for roads, potholes, streetlights, pavements, drains, traffic lights and any other problems

**Environment Agency** - 03708 506 506

For any problems with the river, (although often issues are the responsibility of landowners either side of the river)

[www.gov.uk/government/organisations/environment-agency](http://www.gov.uk/government/organisations/environment-agency)

**Citizens Advice – national helpline** - 0300 330 9001

[www.citizensadvice.org.uk/local/north-west-kent/contact-us/](http://www.citizensadvice.org.uk/local/north-west-kent/contact-us/)

**Thames Water report a leak** – 0800 714 614

**Devon Road Surgery** – 01322 862121

# **Report from the Recreation and Open Spaces Committee**

## **James Stewart – ROS Chairman**

Last year saw the installation of the playground and outdoor fitness equipment in Heathside and now plans are well underway to install toilets as part of our commitment to provide facilities. We hope to have more news of this in the next couple of months after funding applications have been approved and sent.

We have recently submitted a funding application to have drinking fountains at Heathside and Westminster Field, this will help to reduce the amount of plastic bottle waste and provide a much needed source of refreshment for those that use our open spaces. We should find out if we have been successful by the end of March.

Current high demand on the carpark at Westminster Field has led to dangerous and inconsiderate parking in the surrounding area. Therefore, we requested for plans to be drawn up to extend the car park. We have now received these back and sent out for tender soon.

Finally, we have allotment plots that have become available, if you are interested in taking on one of the plots, then, please contact the Parish office.

**I would like to thank everyone that helped me collect for the Poppy Appeal in Waitrose, Longfield in November.**

**We collected £7,300 for the Royal British Legion. I must say that Waitrose staff made us all very welcome.**

**Peter now has a bed in our front room. If any of his friends would like to pop in and see him for a short while he would like to see them. I cannot go out so much now as he cannot be left on his own.**

**Wishing you all a belated New Year**

**Christine Page  
01322 864776**

**South Darenth Village Church  
New Road, South Darenth**

**Service of Worship every Sunday morning at  
11:00am**

**Each Wednesday during term time Fellowship  
meeting at 2pm**

**Contact Ben and Gwen on 01322 862443**

# **St George's Family Fun Day Saturday 27<sup>th</sup> April 2019**

**On Heathside and in the Village Hall**

**12 noon until 4pm**

**Free event hosted by the  
Horton Kirby and South Darenth  
Parish Council**

**BBQ, Archery, Plants, Train rides,  
Crafts, Pony rides, Face Painting,  
Free Bouncy Castle, Beat-the-Goalie,  
Games and much, much more!**



# Home Security

Cylinder locks are present on the majority of UPVC doors and we are aware that some offenders have developed a way of overcoming them to then gain access into a home. There are now ways that you can reduce the opportunity for a euro-cylinder burglary to take place at your home.

Two nationally recognised standards exist for cylinders:

TS 007 (1 star or 3 star)

Sold Secure Diamond Standard for lock cylinders (SS312)

Door handles are also tested to TS 007 standards and can achieve a 2 star rating.

It is recommended that a 3 star solution is the minimum to achieve if you are upgrading your cylinders. The fitting of a cylinder achieving a 3 star rating is the preferred option given it provides the maximum level of security for a lock under the TS 007 testing process. However, 3 stars can also be achieved by fitting a 1 star cylinder in combination with a 2 star handle. Depending on your budget you could obviously achieve a 5 star solution too by the fitting of a 3 star cylinder in combination with a 2 star handle. The star rating system has been designed to give you options depending on your personal circumstances and existing security.

Look to upgrade your cylinder locks to ones that have either achieved a 3 star rating under TS 007 and/or the Sold Secure Diamond Standard (SS312). Some cylinders have achieved both.

Enhanced security handles achieving a 2 star rating under TS 007 should also be considered.

Cylinder locks can be changed by yourself. However, it is vital that they are measured properly to ensure the right size for your door. They should NOT be fitted so that they are left protruding from the door unit or handle.

If you are going to ask someone to upgrade your locks for you consider using the Master Locksmiths Association ([www.locksmiths.co.uk](http://www.locksmiths.co.uk)).

Always obtain 3 quotes for the fitting of new locks to the standards referenced above and pick the one that best suits your circumstances.

You may also be able to fit sash jammers to your doors, which have also proven to prevent burglaries. It's important that you check the warranty for your door first though, in order to ensure that the fitting of additional devices won't negate it.



**Royal British Legion, Legion Hall,  
Devon Road  
South Darenth**

**A new committee has been formed and an exciting programme of events at the Royal British Legion Hall will be announced very soon. Please check the new Facebook page for details**

**Your new committee is:**

Chairman- Brian Carroll - 07968 391247 [briancarroll@live.co.uk](mailto:briancarroll@live.co.uk)

Vice Chairman -Jinder Bains ( Jay ) - 07534 983225 [jaypip123@gmail.com](mailto:jaypip123@gmail.com)

Secretary- Dawn Mitchell - 07910 312710 [dawn.mitchell44@outlook.com](mailto:dawn.mitchell44@outlook.com)

Treasurer- Amy Barclay - 07922 920310 [snowdream@hotmail.co.uk](mailto:snowdream@hotmail.co.uk)

Lettings: Linda Copper [linda.copper@hotmail.co.uk](mailto:linda.copper@hotmail.co.uk) and Steve Penney [steve.penney@hotmail.co.uk](mailto:steve.penney@hotmail.co.uk)

Committee members:

Brian Carroll, Jinder Bains, Dawn Mitchell, Amy Barclay, Linda Copper, Steve Penney, Dave Copper, Sonia Hurren, Mary Bown, Frances Ware, Margaret Ware, Sally Froud, Louise Curtis, Les Wrighton

**If you wish to book the Royal British Legion Hall please contact Linda 01322 864945**

# Sevenoaks District Police



# Kent Police



## Reporting 101 – Non Emergency

Whilst we cannot guarantee attendance at every incident reported, residents should be reassured that we review all reports of antisocial behaviour and suspicious activity in the community. If incidents and crimes go unreported, we cannot respond in a timely or effective way before the issue escalates.



You can go online and report for non-emergency incidents and crimes and would encourage residents to use this:

[www.kent.police.uk/services/report-online/](http://www.kent.police.uk/services/report-online/)

## Reporting 999 –Emergency

*I also press the importance of being confident to use 999. If it appears a crime is in progress, or suspects are still nearby, people should call 999.*

**You can do all of the above anonymously**



## Social Media

We publish daily updates on what we are doing in the community via Twitter. We encourage Parish and Town Councils to follow our account, **@kentpolice7oaks**, and share relevant updates with their communities. We regularly publish current and emerging crime issues and advice on here too.



## Country Eye

We encourage communities to download and use the Country Eye App to report incidents to us and partners. The App allows the user to take a photo and mark the exact location using GPS. This images and reports can be used as evidence for Police and courts.



# News from the Village Hall and Jubilee Hall

New crockery for the Village Hall has been ordered - this will be available for hire. The old crockery will be disposed of.

The Village Hall kitchen will be refurbished over the Easter holidays - the cupboards will be re-painted both inside and outside. New trays and teapots will also be bought.

There are new updated fire extinguishers in both halls.

Hooks suitable for hanging decorations have been fitted in the Jubilee Hall.

The hanging baskets are now filled with winter flowers.

Hedgehog guards are to be fitted to the guttering on both halls.

The toilets in the Village Hall will be completely refurbished over the February half-term.

New Dyson hand dryers will also be fitted.

The Village Hall floor will be sanded, sealed and varnished over the February half-term.

Both halls continue to be well used by local organisations and groups from outside the parish; this is encouraging as the maintenance of two halls is costly.

Thank you, Terry Moyle - Chairman of Halls Committee

## Village Hall Regular Hirers

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8am – 1.15pm Riverside Preschool	8am- 1pm Riverside Preschool	8am-1pm Riverside Preschool	8am- Riverside Preschool	8am – 1pm Riverside Preschool		
1.15- 3.15pm Monday Club	Keep Clear for Maintenance	1.45-4pm Short Mat Bowls	-3.15pm Riverside Preschool			
1 <sup>st</sup> Mon Parish C 7.30 – 9.30pm  3 <sup>rd</sup> Garden Club 7.30 – 10pm		7.30 – 10.30pm Falcons Table Tennis Club	7.45 – 10pm Bushin Kenpo Martial Arts Academy  3 <sup>rd</sup> 7-10pm WI In season Valley Players/Panto DRESS REHEARSALS			

## Jubilee Hall Regular Hirers

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8am -1pm Riverside Preschool	10.30 -11.45am Yoga	9 am Baby Sensory starts	0945 – 1115am Pilates 17 Jan – 21 Feb 19			
	2-4pm Befriending Group	2pm Baby Sensory ends	Keep clear for maintenance			
7.30 - 9.30 pm LHS as per dates Meditation 8 – 9pm 1 <sup>st</sup> & 3 <sup>rd</sup> Monday	8 – 9.30pm Meditation 26 Feb – 05 Mar 19	Dog Training Class 6.00 – 10.00pm	Valley Players rehearsals ad hoc			

## Parish Room regulars

WI Committee  
1<sup>st</sup> Wednesday Monthly  
2.00 - 4.00pm

Art Club monthly ad hoc dates



We're Mind, the mental health charity. We're here to make sure anyone with a mental health problem has somewhere to turn for advice and support.

[www.westkentmind.org.uk](http://www.westkentmind.org.uk)

Our new West Kent service Brighter Futures is a 1.5 hour workshop for anyone who wants help to cope with bereavement or any other loss such as the loss of employment, a home, your mobility or a pet. The workshops will be facilitated by a qualified Counsellor and offer group support and psychoeducation around grief and loss. Workshop locations and dates:

Tunbridge Wells:	Thursday 7 February 10.30 to 12pm
Sevenoaks:	Thursday 21 February 2.00pm to 3.30pm
Tonbridge:	Thursday 1 March 11am to 12.30pm
Tunbridge Wells:	Thursday 21 March 10.30am to 12pm
Sevenoaks:	Thursday 28 March 2.00pm to 3.30pm
Tonbridge:	Friday 12 April 11.00 am to 12.30 pm

To book a place, make a referral or to find out more please visit:  
<https://westkentmind.org.uk/a-brighter-future#workshops>

**Loss is the feeling of grief after losing  
someone or something of value**

**A Brighter Future**

# **PCSO Report**

**It has been a very demanding period for us within the community safety team and unfortunately our staffing numbers of operational PCSO's has taken a hit recently.**

**To give you an idea of the issues, we should have an establishment of 12 PCSO's, 4 at each operational station of Swanley, Sevenoaks and Edenbridge.**

**We currently have 9, and of these, 1 is on paternity leave and another injured and not expected to return to full operational duties for some time.**

**Taking into account rest days, annual leave and training/courses we find ourselves having only 2 or 3 officers working on any one day and having to cover each other's workloads across the whole of the Sevenoaks district.**

**As I am sure you can appreciate the officer's workloads have therefore increased as they deal with the everyday demands of their areas, their colleagues areas, the general tasks generated in house as well as the calls coming in constantly from members of the public. As such they haven't been able to maintain the contact we would ideally like with you all.**

**I can assure you the issue has been raised within our organisation and new officers will be appointed to us during March, there will be a period of operational training and once this is complete we should be back to a full establishment of 12 officers in April/May where I fully expect everything to be as it should be. In the interim we are also receiving support from Maidstone community support officers to deal with general call handling as and when they have suitable officer numbers to supply us.**

**In the meantime can I please ask for your understanding? I have requested that your PCSO's make contact with the Parish Council via email on a fortnightly basis and likewise they are available for contact should you need to discuss any issues, I must stress however that you should not contact the PCSO's via email to report a crime or other issue which requires immediate attention due to the potential that it may not be addressed or recorded in the correct manner, please continue to use 101 or the Kent Police website.**

**Kind regards, PS 12068 Pete BALLARD – PCSO Supervisor**

# Report from Darent River Preservation Society



## Valuing Water

The basic problem is that water has been taken for granted for too long. It has been treated as an inexhaustible resource and a combination of population growth and climate change should have taught us all that we simply cannot carry on as we are. Water is not valued and is wasted because it is comparatively cheap and available on demand with little constraints on usage. Part of the solution must be to make water more valued and more realistically priced in order to both cut demand and waste and to generate the infrastructure investment needed to provide resilience in the water supply network to reduce the prospect of environmental damaging abstractions. Only when Ofwat and the government clears the way for this to happen will we be able to save our chalk streams. Abstractors have to develop alternative sources. These are eminently possible: reservoirs, river mouths etc. The wonderful chalk streams of England really are rivers on the edge and without a significant change in policy at government level and also in the way we value and use water there will be no way back for them.

**What is the Darent River Preservation Society doing?**

We are working closely with Thames Water, South East River Trust, Environment Agency and Angling Clubs. We meet frequently.

We are pressing Thames Water to reduce leakage which is still much too high. New distribution pipe work is being installed, but this will take time we have been told. We will watch progress on this.

There are no plans for a new storage reservoir in Kent, but a new reservoir in Oxfordshire is still on the table as a possibility. We will continue to take a keen interest in this and any other plans that emerge.

We have opposed the removal of any weirs in the Darent. They provide a safe haven for fish and wildlife, particularly at times of low flow.

**Malcolm Dunn – DRIPS**



Ofsted Graded: "Good"

# Are you looking to start or move your child's primary school?

If so, visit us at: Horton Kirby CE Primary School



Due to continued academic success and some re-structuring, we are re-opening spaces in Early Years (Reception), Year 3 and Year 5. All other year groups are full, or almost full but please contact the school to arrange a visit if you are still interested as we may be able to help.

We are a high achieving, welcoming and friendly school that prides itself on getting the best out of everyone. We welcome children from the local and surrounding areas. Please contact the school office via the details below. We look forward to meeting you!



Instagram:  
@hortonkirby\_sch

[www.hortonkirbycesch.org](http://www.hortonkirbycesch.org)

Twitter:

@hortonkirby\_sch



THIS IS A **GOOD** SCHOOL

Quality of teaching is  
A. Improvement of pupils is  
Early years provision is  
Behaviour and attitudes of pupils is  
Leadership and management is

"Teachers provide a range of exciting tasks which engage the interest of pupils so they are keen to learn." February 2013



Tel: 01322 863278  
[www.hortonkirbycesch.org](http://www.hortonkirbycesch.org)

NEAREST RESPONSIBILITY, PERFORMANCE



## You, Me & Dementia

Sat 27th April 2019 1pm & Eynsford Village Hall 6:30pm

Sponsored by Vitality Home Health

Eynsford & Farningham Dementia Cafe  
and Riverside Youth Group perform:

**Chocolate Muffins**

By Naomi Morgan

**Bothered & Bewildered**

By Gail Young

**A Ploughman's Dinner is included**

A fundraiser for Eynsford & Farningham  
Dementia Cafe and Alzheimer's Society

**Book Now:**

[www.ticketsource.co.uk/dementiacafe](http://www.ticketsource.co.uk/dementiacafe)

07960820216

ferne.haxby@yahoo.com

£11 Adult

£9 Concession

# Horton Kirby Cricket Club



Following a challenging year of cricket, the forthcoming 2019 season sees the introduction of some big changes to our club.

The Saturday 1st XI team have transferred to the Kent County Village League where we will be playing against other local village clubs. Our Sunday 1st XI remain in the Kent Village League this year with hopes of promotion for next year. Following a spell in league cricket, our Sunday 2nd XI have decided to opt for playing only friendlies against other villages within Kent. This is to develop the younger players with their transition into senior cricket, and also to attract new members who wish to be a part of our expanding club. We are delighted to be given the opportunity this year to host the Kent over 60's side for their mid-week matches against other counties.

Operational changes to the club for the forthcoming season include Darren Chambers now being our club chairman, Andy Chapman taking over captaincy for the Saturday 1st XI, Caiden Lomas as Sunday 1st XI, and John Treweek continuing to lead our Sunday 2nd XI side. All of these men have been members of the club since being colts, and we wish them the best of luck within their new roles.

The colts section continues to grow, with training for the 2019 season planned on Sunday mornings and Monday evenings from early April at HKCC. For more information regarding our colts division this year, please contact Darren Bull on 07789 773222.

Our lovely, picturesque ground is again this year being maintained by Rob Ovenden, who worked tirelessly last year to ensure the superb condition of our pitch, despite some challenging weather conditions before and during the season. For the coming year, we have purchased a new outfield mower for which we would like to thank the Parish Council for their generous grant towards this. We would be delighted to welcome any new or returning members, of any age or ability, as well as social members, to our family friendly ground in Franks Lane. For more information, please contact our club secretary, Graham Bull, on 07803 806726.

To keep up to date with events at our club, follow us on Twitter @hortonkirbycc or on Facebook 'Horton Kirby'. All of our fixtures for each of our teams this year will be published on [www.hortonkirby.play-cricket.com](http://www.hortonkirby.play-cricket.com).

We look forward to seeing you at the club to enjoy a drink from the bar, whilst watching the cricket in the summer sun!



## **St Mary the Virgin Horton Kirby**



**Vicar: Revd. Emma Young 01322 227153**  
**revd.emma.young@hotmail.co.uk**

**Churchwarden: Anne Williams 01322 862551**

St Mary's Horton Kirby (DA4 9BN) is part of the Darent Valley Benefice: three church buildings but one church family and one vicar. The other churches in the benefice are St Margaret's Darenth, on Darenth Hill (DA2 7QY) and St John's, Sutton-at-Hone, on Church Road (DA4 9EX). All are welcome at our services, which take place across our three church buildings.

We would like to invite you especially to the following events this spring/summer:

**Wednesday 6th March** (Ash Wednesday) 7.00pm Holy Communion St Margaret's

**Sunday 31st March** (Mothering Sunday) 10.00am Café Communion\* St John's

**Sunday 14th April** (Palm Sunday) 10.00am Holy Communion St Margaret's

**Monday 15th April** 7.00pm Compline St Mary's,

**Tuesday 16th April** 7.00pm Compline St Margaret's,

**Wednesday 17th April** 7.00pm Compline St John's

**Thursday 18th April** (Maundy Thursday) 7.00pm Holy Communion St John's

**Friday 19th April** (Good Friday) 12.00 noon Stations of the Cross St John's  
1.00pm Silent prayer St John's 2.00pm Holy Communion St John's

**Sunday 21st April** (Easter Day) 6.00am Dawn Holy Communion St Margaret's, 10.00am Holy Communion St John's

## St Mary the Virgin Horton Kirby



Other dates for your diary:

**Saturday 22nd June 2.00pm** St Mary's Summer Fete Court Lodge

### **Sunday Service**

Sunday services across the Darent Valley Benefice tend to follow the pattern:

1st Sunday of the month St Mary's 10.00am Holy Communion

2nd Sunday of the month St Margaret's 10.00am Holy Communion

3rd Sunday of the month St John's 10.00am Holy Communion

4th Sunday of the month venue rotates 8.30am Holy Communion (BCP 1662) 10.00am Family Praise

5th Sunday of the month venue rotates 10.00am Café Communion\*

The venues for 4th and 5th Sundays will be advertised on our website [www.darentvalleybenefice.org.uk](http://www.darentvalleybenefice.org.uk) and on our Facebook page [www.facebook.com/darentvalleybenefice](http://www.facebook.com/darentvalleybenefice) as well as the noticeboard outside St Mary's

There are sometimes variations in the regular pattern of venues and services due to seasonal celebrations or maintenance work on church buildings, so it is always a good idea to check before setting off, especially if you are an infrequent worshipper.

\*Café Communion is a Communion service especially designed to be easy to come to if you are new to church, or are bringing children along.

## St Mary the Virgin Horton Kirby



**Messy Church:** creativity, story-telling and worship for all ages We meet on the second Saturday in the month at Sutton Court, Main Road, Sutton-at-Hone from 2pm to 4pm (except August) All are welcome but children must be accompanied by an adult. We learn together about God by being creative, spending time together, hearing stories and sharing food together. The charge per child is £2.00 which includes a light tea. For further information please find us at [www.facebook.com/MessyChurchMJM](http://www.facebook.com/MessyChurchMJM) or contact the vicar.

**Tea or coffee, cake and a chat** St Mary's is open on Tuesday afternoon in term time offering you tea, coffee, cake and somewhere to chat together with friends or come to relax in the church's beautiful space. The church is open between 2.00pm and 4.00pm. There is no charge but you can put a donation in the green jar if you wish which will go towards the upkeep of the church.

**Christenings/Baptisms** To talk about a christening/baptism please come along to a Sunday morning service and make yourself known to the vicar over coffee after the service.

**Weddings** To make enquiries about a wedding in any church of the benefice, please contact the vicar (details above).

**Churchyard** We all value our beautiful villages and St Mary's Parochial Church Council members are keeping a close eye on the churchyard. Periodically dead flowers or plants may be removed in order to keep our churchyard looking at its best. If you wish to find out more about the Diocese of Rochester Churchyard Regulations details can be found here: <http://www.rochester.anglican.org/content/pages/documents/1428486156.pdf>

## St Mary the Virgin Horton Kirby



**For information:** St Mary's has plans of the Gardens of Remembrance and the old churchyard. Many local people and people from across the world visit us each year to find out more about their family's history or to have a loved one laid to rest in the churchyard. If the grave is in the new churchyard close to the school then the Parish Council Office will be able to identify where the grave is.

**Your support of St Mary's.** Thank you to all those who supported or participated in the **Christmas Bazaar** in November. This event raised in excess of £1000 for the running of the church. Our thanks go to the Riverside Kindergarten for their contribution.

The "Talks at St Mary's" programme began in January. All money raised from a retiring collection goes to the upkeep of the church building. The programme continues as listed below at 7.30pm on: 9th March – "Strange, lively & commonplace" by David Foulger and friends. 13th April – "A little learning is a dangerous thing" by John Williams & co.

### **Would you like to make a regular offering in support of the church?**

If you would like to make a regular weekly/monthly donation towards the upkeep of the church please contact the churchwarden (details above) for information on how to do this. If you have any ideas for regular fundraising or are part of a group which might like to use the church in return for a regular donation please contact the churchwarden to discuss your ideas in the first instance. You can help raise funds for 'St Mary's Church Fabric Appeal' by visiting:

<https://www.easyfundraising.org.uk/causes/stmarysfabric/> and registering through the "Donation Reminder". Click on the logo on your toolbar every time you shop on the internet and give to St Mary's without spending a penny more!

Vicar: Revd. Emma Young 01322 227153  
[revd.emma.young@hotmail.co.uk](mailto:revd.emma.young@hotmail.co.uk)

Churchwarden: Anne Williams 01322 862551



# Riverside Kindergarten Pre-school

Horton Kirby & South Darenth Village Hall, DA4 9AX

## High Quality Early Years Education & Care Learning Through Free-Flow Play

- A choice of sessions for children aged 2, 3 & 4 years
- Funded places for children aged 2, 3 & 4 years old\*
- Large outdoor play area accessible all year round
- Spacious indoor area
- Ofsted registered 'GOOD'
- Healthy snacks provided
- Settling in sessions, extended sessions and lunchtimes
- Experienced, friendly staff
- Qualification Levels 2, 3, 5, BA (Hons) & PGCE
- All staff DBS checked and Paediatric First Aid trained
- Close links with all our local Primary Schools

### Sessions held term time Monday to Friday

#### Main Hall

Monday to Friday:  
9.15am-12.15pm  
Thursday: 12pm-3pm



#### Jubilee Hall

Monday: 9.15am-1pm  
Friday: 9.15am-12.15pm

\* Subject to eligibility

**Call Anne on 07968 019759**

Email: [anne@riversidekindergarten.co.uk](mailto:anne@riversidekindergarten.co.uk)

Website: [www.riversidekindergarten.co.uk](http://www.riversidekindergarten.co.uk)



If you are recently retired or need some gentle exercise why not give short mat bowling a try. Join us at South Darenth Short Mat Bowling Club, Village Hall, Horton Road, South Darenth, on Wednesday and Friday afternoons, 1.45-4.00pm.



We are always looking for new members. For the first two sessions you are invited to try your hand free of charge and also enjoy a cup of tea and a friendly chat.

Just drop in at the village hall on a Wednesday afternoon (1.45-4pm). Bowls are available but you will need *soft shoes with no heels or patterned tread*.

**For further information contact:**

**Mel Simmons on  
01322 865409**

# HORTON KIRBY AND SOUTH DARENTH LOCAL HISTORY SOCIETY



Further information from Terry Moyle  
(LHS Chairman) 07939 581572 [trenoweth@btinternet.com](mailto:trenoweth@btinternet.com)

The LHS had a good 2018. The launch of the book on the 1914-1918 War on Armistice / Remembrance Day. November 11<sup>th</sup> was extremely successful and thanks are due to Rev. Emma and the officers of St Mary's Church for allowing the history society to stage its exhibition and to sell the book in the church following the morning service. The large crowd of people who supported the Beacon Lighting and informal service in the Village Hall on the same evening deserve special mention for making the event so memorable. It was fitting that the day coincided with the Centenary of the signing of the Armistice. Thanks to Ashley and Dave for organizing the beacon, to David for his address, to Colin for supplying the music, to Doreen and helpers for the refreshments, to Heather for organising the silhouettes and memorial candles and to the bell ringers at St. Mary's.

- \* Meetings held in the Jubilee Hall, Horton Road starting at 8pm
- \* All visitors welcome (£2 admission)
- \* Annual membership - £7 or £10 for a couple
- \* Refreshments served after the meeting (tea/coffee/biscuits)
- \* Raffle at each meeting – 4/5 prizes
- \* Publications available from the Parish Office and S at H Library

Sinking the Link (South Darenth's fight against the Tunnel Rail Link)	£5
Images of Horton Kirby Paper Mills	£5
Memories of Horton Kirby Schools	£2
Farningham Road Station	£5
Never Such Innocence (Sutton at Hone and Hawley in the Great War)	£4
Our Peace was won by the Men Who Fell (Horton Kirby & South Darenth in the Great War)	Members £5 Non-members £6
Walking Tour of Horton Kirby & South Darenth	£1

## 2019 Speakers

DATE	SPEAKER	TITLE
11 March	Keith Whitmore	Up the Junction (Old Swanley Part 1)
20 May	Christoph Bull	The Kaiser's war
8 July	Wilf Lower	Lost Empires – the last days of Music Hall
9 Sept	Members evening	To be arranged
11 Nov	AGM + short talk	Wine and Cheese party

# **HORTON KIRBY BOWLS CLUB**



## **OUR NEW SEASON STARTS IN APRIL 2019**

We welcome both new and experienced Bowlers to one of the most successful Bowling Clubs in Kent. All types of membership are available and tuition is provided free of charge to new bowlers both male and female.

The environment we provide is ideal for those who wish to play the game competitively or as a very pleasant pastime.

We have several Club matches each week against other Clubs for both men and women and have internal competitions as well.

There is a lot going on for bowlers of all ages and standard. Young bowlers are very welcome. If you are interested in finding out about joining, please contact us by telephone, email or by visiting the Club when it opens.

Bowls is not only a sport, you can have a varied and active social life at the Club. It is the ideal sport for meeting new people, socialising and meeting new challenges head on.

In the first instance, please call 01322 866031 or email: [hkbccenquiries@gmail.com](mailto:hkbccenquiries@gmail.com). Alternatively, please call in when we re-open.





## SOUTH DARENTH FOOTBALL CLUB



**Senior Team** are currently fifth in the league with games in hand so looking for a second place finish. Progressing well in the cup winning the last game 9-1.

**SD Dons** only lost one game this season and are currently second in the league with an eye on top spot and being promoted next season.

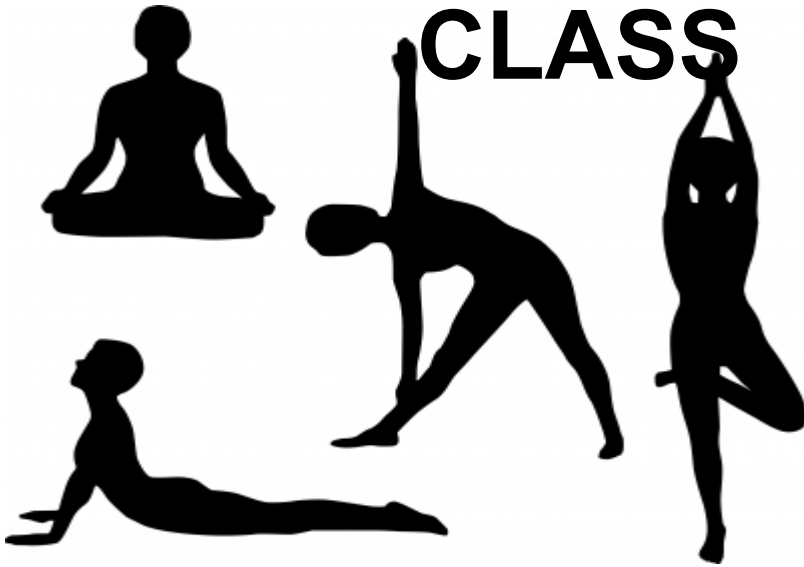
**U17s** remain top of the league having lost only one game this season. We have progressed further in the Selkent Cup than ever before reaching the quarter-final stages vs Welling Youth.

**U10s** remain in the C League this season and have had a great start, unbeaten so far. We have a great bunch of players and will be looking for a new goalkeeper next season as our current goalie moves away.

**U8s Purple** have had a very good winning streak followed by a couple of losses. A great bunch of enthusiastic players who give their all in every match and training session.

**U8s White** have recently been promoted to the Selkent B League after their successful run of only losing one game on aggregate last season. We are currently looking to grow our squad in preparation for next season when we start playing 7 a side. We are in need of a goalie who we can guarantee full match minutes to and are interested in signing two more outfield players. Please call Rob for further details 07969 125128

# YOGA CLASS



**A Revitalising & Relaxing Yoga Class**

**Jubilee Hall  
Horton Road  
South Darenth, Kent  
DA4 9AX**

**Tuesday 10.30am – 11.45am**

**Drop in class - pay as you go - £6 per class**

**Bring a blanket for the relaxation you can borrow a mat  
until you get one of your own.**

**Contact details:**

**M: 07794045520 E: [redbridgeyoga@gmail.com](mailto:redbridgeyoga@gmail.com)**

**W: [www.redbridgeyoga.co.uk](http://www.redbridgeyoga.co.uk)**

# Why practice yoga?

Yoga is an ancient scientific practice which originated from India and has evolved over thousands of years. More recently, there have been many studies proving that yoga can help improve quality of life and can help to maintain a fit and healthy body, and mind.

Studies have also shown that yoga helps to improve circulation, digestion, balance, flexibility and agility. Yoga can also help to maintain and even improve functional capacity such as concentration and endurance. Yoga postures are specifically designed to strengthen muscles, tendons, ligaments and joints. Yoga, much like Pilates also improves core strength which is essential to promote healthy backs and hips which prevent trips and falls.

Yoga improves mental strength and has a calming effect; this in turn not only relieves tension but can help you have a better night's sleep. The breathing practices of yoga known as pranayama increase lung capacity which in turn delivers more oxygen to the body and helps with overall performance and efficiency. This relieves soreness and enhances tissue repair. Relaxation and meditation practices allow the body to rest and digest and induce the relaxation response switching off the flight, fight freeze response which can cause stress and anxiety.

The question therefore is why wouldn't you practice yoga?

A bit about me!

I have been practicing yoga since 1999. I started training to become a yoga teacher in 2007 with the British Wheel of Yoga (BWY). The BWY is the governing body of yoga in the UK. Since then I have completed additional training with 'Yoga Campus'. This includes; pregnancy yoga, well woman yoga, children's yoga and more recently I have completed a Yoga Therapy Diploma 550hrs. I am also a member of the Complimentary and Natural Healthcare Council (CNHC). I have an interest in Hatha yoga, yoga for women's health, yoga for healthy aging and restorative yoga.

## **Disputes - The Trump Approach? Or a Win/Win Mediation option...**

Awareness of mediation is increasing and the word is becoming more widely understood. Often confused with the 'meditation' word, it has now become much more familiar because the law has specified that divorcing couples should seek mediation before resorting to Family Courts.

Many people do not realise that mediation is not only used in divorce cases - it is also used in other very different types of disputes and arguments where communication has broken down. Mediation is often used in neighbour disputes, family disputes (parents and teenagers experiencing relationship problems) and mediation is also highly effective when working with young people who are either homeless or at risk of being made homeless.

One of the things that we know for sure is that when disputes escalate it is likely that not only the people at the centre of the dispute/row that will suffer but also other family members, friends and neighbours. The effects on the parties involved can be devastating, causing anxiety, depression and even homelessness. Some disagreements escalate and communication breaks down completely, which is when the use of skilled mediators can help.

### **The Trump Approach**

Back to President Trump and his approach to resolving disputes. He tends to use the 'who can shout loudest' or use threats as an approach to win disputes and disagreements. This type of approach may get a result but is unlikely to last, as the other party is still aggrieved and will seek to undermine any agreement or over-turn it in time.

### **The Mediation Approach**

Mediators work differently. They focus on ensuring that everyone involved is heard and the outcomes are positive for all involved. Importantly mediators are always impartial, they want to help people have a chance to air their differences in a 'safe' situation, help everyone

understand how each other feels, how the dispute has affected them and what the options are for resolving the dispute. In many cases people are very surprised by how their protagonists' feel (surprised that their own anxieties and feelings are reflected) and this brings a desire to resolve the dispute to bring about compromises that all can accept. This is the win-win situation that largely brings long-term peace and greater harmony.

Apart from the obvious benefits outlined above, people learn other new skills from mediation – take a deep breath and think how the other person might feel, what is the outcome I want, what can I do differently to diffuse a dispute, what compromises am I prepared to make. Reflection before discussion really helps.

This is also the approach that we use with young people when they are going through teenage anger. We work with them to help them deal with their anger and learn better ways of dealing with confrontation. Anger is a habit – habits can be changed.

### **Recognise the problems?**

Maybe some of the people reading this article have problems themselves or know of others who might benefit from mediation. We are here to help. West Kent Mediation is the only mediation service in the area and it is also **free**. Get in touch with Amanda or Gill or visit our website.

West Kent Mediation 01732469696

[www.wkm.org.uk](http://www.wkm.org.uk)

[theoffice@wkm.org.uk](mailto:theoffice@wkm.org.uk)



The Southern Golden Retriever Society

# CHARITY FUN DAY

is returning to

**HORTON KIRBY & SOUTH DARENTH  
VILLAGE HALL**

**and Heathside Field**

**Horton Road, South Darenth, Kent, DA4 9AZ  
on**

**SUNDAY 26th MAY 2019**

**GATES OPEN AT 11.30am.**

Lots of Fun Classes for Golden Retrievers from 12.15pm, and two classes for other breeds later in the afternoon. All classes will be judged by Mrs Hazel Evans

Let your dog 'Have-a-Go' at Agility, The Scurry, Three Dummy Retrieve, Obedience, Temptation Alley, Treat Snuffling and Gun Dog Exercises with the chance to win Rosettes and Achievement certificates

Watch the Parade of Rescue Dogs and listen to their wonderful stories in finding loving new homes through Southern Golden Retriever Rescue.

Vet on site to give advice, Trade Stalls, Raffle, Bric-a-Brac Stall,  
Trimming and Nail Clipping for Golden Retrievers,  
Plant Stall, Tasty BBQ and Refreshments,  
Silent Auction, Stalls for Medical Detection Dogs and  
Southern Golden Retriever Rescue.

The exciting four heats and final of The Golden Retriever Steeplechase

**PLUS - A performance of their 'Crufts' routine by  
THE SOUTHERN GOLDEN RETRIEVER SOCIETY  
DISPLAY TEAM**

For information contact David Wimsett - email:- [david-wimsett1@hotmail.co.uk](mailto:david-wimsett1@hotmail.co.uk)

*Proceeds will be divided between the SGRS elected charity,  
MEDICAL DETECTION DOGS and SOUTHERN GOLDEN RETRIEVER RESCUE.*

### **Calm Your Mind Mondays**

#### **Twice monthly sessions – Monday evenings 8 - 9 pm**

Stressed? Tired? Overworked?

Experts estimate that upwards of 90% of disease is stress related. Nothing ages us faster, internally and externally, than high stress! Come learn to Relax, Unwind and Let go in the Calm Your Mind Monday sessions!

Cost: £10 per session pay as you go

Contact: 1111phoenixsanctuary@gmail.com or 07902290048 to for more information and to secure your place.

### **Learn to Meditate course**

#### **26<sup>th</sup> February–2<sup>nd</sup> April 2019 Tuesday evenings 8-9:30pm**

This course is for you if:

- You are suffering from stress in your daily life and are feeling run down and tense.
- You are tired of chronic pain and inflammation and would like try an alternative way to manage your pain.
- You find yourself having difficulties with your concentration and would like to be able focus more on the present moment.
- You have high blood pressure and need to find a way to relax more to benefit your health.
- You struggle with anxiety and depression and would like to find a way to manage your moods better.
- You are suffering from insomnia and sleep related issues and would like to have a better night's sleep.

Cost:

£90 A deposit of £30 is required to reserve your place. The remainder of the fee is payable 2 days before the start of the course. The cost is non-refundable - you can transfer it to another Learn to Meditate course.

£20 session pay as you go

Contact: 1111phoenixsanctuary@gmail.com or 07902290048 to for more information and to secure your place.

Bookings for the course are on a first come - first served basis as spaces are limited.

Payment of £30 non-refundable deposit is required to secure your place!



# On Your Feet

Medical Pedicure Service

Transform your feet from Woe To Wow!

You won't believe the results from just  
one treatment



Treats all common foot concerns like:

Rough skin • Fungal nail infections •  
Cracked heels • Hard skin • Athlete's foot

Non invasive treatment suitable  
for all feet even diabetics

**Julia Hopwood - BABTAC**

**For appointments please call 07815961911**



Where Nails meets Peds®



## Have you heard of Social Prescribing?

Imago is working in partnership with NHS DGSS Clinical Commissioning Group to deliver the service across Dartford, Gravesham and Swanley.

Social Prescribing is a way for GPs and health services such as hospitals to refer patients with social, emotional or practical needs to a wider range of non-clinical and local services.

Individuals will meet with the Social Prescriber for their area who will work on a tailored action plan with them. One element may be matching them with a Peer Volunteer to support them with accessing local activities such as yoga or a lunch club; assisting with learning how to use social media to keep in touch with family; support to manage household bills; setting up a befriending group.



IMAGO

# Community Navigation Social Prescribing

*Working in the Community & Health Teams  
across Dartford, Gravesham & Swanley*

## Community Navigation Social Prescribers

support adults with complex needs; guiding them through the health and social care system; enabling people to take control, access services and connect with others.

We can provide 12 week support to people being discharged from hospital, or those living in the community to meet their changing needs.

**What we do:** We provide information and guidance; work with individuals and families to create personalised support plans, linking them with local services and organisations who provide ongoing help such as:

- Housing options
- Financial support
- Form filling
- Home safety
- Aids & Adaptations
- Telecare
- Befriending
- Social Activities
- Transport
- Domestic support
- Respite
- Domiciliary Care

Support is offered through community or home visits, by telephone or email.

**How to get help:** Ask your GP or staff at Darent Valley Hospital to refer you, or call or email us yourself.

**navigation@imago.community**  
or telephone: **0300 011 1965**

**Volunteer with us:** Please contact **volunteering@imago.community** for further information.



IMAGO

  
Department  
of Health

  
Dartford Gravesham and Swanley  
Clinical Commissioning Group

  
IMAGO

Social Prescribing is a service of Imago Community. Registered charity number 2036088

Low cost community transport for people unable to access public transport due to older age, illness or disability

**DIAL 2 DRIVE**

Do you own a car?

Could you take an elderly/disabled person to a medical appointment or shopping just once a week?

We need volunteer drivers

We'll cover your costs



**0300 777 1200**  
[driving@imago.community](mailto:driving@imago.community)

**IMAGO**  
community

**DIAL 2 DRIVE**

Dial 2 Drive is a service of Imago Community  
Registered Charity No: 1106388 - Registered

# Recent Planning Decisions

SE/18/03054/LDCEX Land South of Oakview Stud Farm Horton Kirby	Confirmation of Yard J as an open storage yard	REFUSED
SE/18/03081/HOUSE Land North of Croft House, The Street, Horton Kirby	Garage and widening of driveway	GRANTED
SE/18/03009/HOUSE 15 Churchill Road, Horton Kirby	Alterations to existing conservatory to form single storey flat roof rear extension with lantern. Alterations to fenestration and associated internal alterations.	GRANTED
SE/18/03411/WTPO Traffic Island North of the Lodge Franks Lane, Horton Kirby	Removal of trees	REFUSED
SE/18/03054/LDCEX Land South of Oakview Stud Farm Lombard Street, Horton Kirby	Confirmation of Yard J as an open storage yard	REFUSED
SE/18/02093/FUL Gas Valve Compound School Lane Horton Kirby	Upgrade of the security fencing and installation of mast mounted CCTV around Farningham AGI	GRANTED
SE/18/02238/FUL Land North of Fairhavens, Mussenden Lane, Horton Kirby, KENT	Formation of a permanent private access/haul road from Mussenden Lane through to School Lane and laydown area serving SGN Farningham	GRANTED
SE/18/00445/HOUSE 63 East Hill, South Darenth, Kent DA4 9AW	Dropped kerb and new vehicular access	WITHDRAWN
SE/18/02510/LBCALT Coach House, Reynolds Place, Rays Hill, Horton Kirby, Kent DA4 9BD	Conversion of Coach House into four separate two storey dwellings	REFUSED
SE/18/03708/FUL Former South Darenth Fire Station, New Road, South Darenth, Kent DA4 9AT	Redevelopment of the former Horton Kirby Fire Station to construct a three storey building to accommodate 5 x1 bedroom apartments and 4 x two bedroom apartments, together with ancillary access and bin storage	WAITING DECISION

# Parish Council Information

Parish Council Meetings held on the first Monday of every month in the Village Hall

## **Parish Councillors**

Chair: Ian Blackamore - 01322 864024

Vice Chair: Peter Rushbrook – [cllrprcr@hotmail.com](mailto:cllrprcr@hotmail.com)

Roger House - 01322 862724

Dawn Mitchell - 07910 312710

Terry Moyle - 07939 581572

Christine Page - 01322 864776

Mike Stead – 07985 938323

James Stewart – 07805 063821

Colin Willson - 07387 589791

## **District Councillors**

Philip McGarvey

Tel: 07803 121830

Email: [cllr.mcgarvey@sevenoaks.gov.uk](mailto:cllr.mcgarvey@sevenoaks.gov.uk)

Brian Carroll

Tel: 07968391247

Email: [cllr.carroll@sevenoaks.gov.uk](mailto:cllr.carroll@sevenoaks.gov.uk)

## **County Councillor**

Roger Gough

Tel: 01959 525109

Email: [roger.gough@kent.gov.uk](mailto:roger.gough@kent.gov.uk)

## **Member of Parliament**

Michael Fallon

Tel: 0207 219 6482

Email: [michael.fallon.mp@parliament.uk](mailto:michael.fallon.mp@parliament.uk)