

Horton Kirby and South Darent Parish Council Newsletter May 2021



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01322 865193

The office is open Monday and Friday 9.00am to 12.30pm

Summer Fête **Sunday 18th July 2021** **12 noon until 5pm** **Heathside behind Village Hall**

The Parish Council meet on the first Monday of each month at
7.30pm in the Village Hall
All welcome to come along

www.hksdparishcouncil.co.uk

Newsletter edited by Dawn Mitchell, HKSD Parish Council

USEFUL CONTACTS



POLICE - 999 (emergencies if life is in danger or crime is in progress)
101 (non-emergencies)

Report a non-urgent crime or incident online at:

www.kent.police.uk/services/report-online/kent-police-online-reporting

Sevenoaks District Council - 01732 227000

Fly tipping, street cleaning, dog fouling, parking issues, bottle banks, graffiti, planning applications, abandoned vehicles

Dartford Borough Council – 01322 343434

Fly tipping in Roman Villa Road (outside our boundary)

www.dartford.gov.uk for online reporting

Kent Highways - 03000 418181

(Emergency out of hours 03000 419191)

Anything that may cause accident or injury, Kent Highways online reporting www.kent.gov.uk - go to 'Roads and Transport' for roads, potholes, streetlights, pavements, drains, traffic lights and any other problems

Environment Agency - 03708 506 506

For any problems with the river, (although often issues are the responsibility of landowners either side of the river)

www.gov.uk/government/organisations/environment-agency

Citizens Advice – national helpline – 0808 278 7810

www.citizensadvice.org.uk/local/north-west-kent/contact-us/advice@nwkent.cab.org.uk

Thames Water report a leak – 0800 714 614

Devon Road Surgery – 01322 862121



SUMMER FÊTE



BRING ALL THE FAMILY



HORTON KIRBY AND SOUTH DARENTH PARISH COUNCIL



PUNCH AND JUDY BBQ

ICE CREAM ★ BOUNCY CASTLE

PONY RIDES ★ FACE PAINTING

GIANT DARTS ARCHERY ★

BAR ★ KUNG FU

★ Sunday 18th July 2021 ★
★ 12 noon to 5pm ★

Heathside

Behind Village Hall

★ ALL WELCOME ★

Message from Cllr Peter Rushbrook

Chair HKSD Parish Council

So thankfully with things very slowly, but gradually, returning to normal and the weather getting warmer, it is great to see our community beginning to show signs of life again.

During lockdown Parish Councillors have been working hard on various projects. A new road surface has been laid in Franks Lane with chevrons for the bridge width markers. Please take it slowly when driving along the road - there are always walkers with dogs and sometimes horses in and around the bridge area.

We now have CCTV at Westminster Field and upgraded the CCTV system for the Village hall and Heathside. This has been very useful with the recent vandalism to the Cherry trees and the playground at Heathside, footage of both was sent to the Police.

We have been working in conjunction with the various organisations to help reduce the instances of flooding at Westminster Field. I must make it clear that the whole playing field is a natural flood plain and that it will remain so but hopefully with the measures that are now in place and further possible works later in this year, the severe flooding that we have seen recently will be reduced.

New measures to help with parking around The Street are underway which includes a new overflow car parking area in Westminster field. Hopefully, residents near to this area will not have the same troubles as they had last year with people visiting Westminster Field to enjoy the open space, picnic area and river.

With the move towards electric cars the Parish Council have been looking into EV points for both the Village Hall and Westminster Field car parks, surveys have been carried out and we are awaiting the reports.

A map for Cherry Tree Avenue will be installed on the Pavilion wall in Westminster Field in the next few weeks along with a notice board to keep people informed about ongoing works in Westminster Field.

We were very lucky to get the Local Restrictions Support Scheme grant and the Closed Business Lockdown payment to try and offset the monies we have lost over the past year due to the Covid-19. This has gone a long way to helping us keep the precept to zero increase.

Our local pubs have also been busy painting, polishing, and building new seating, flower beds and even a new playground area. It is fantastic that we have not lost any of these vital assets to our villages, no doubt we will all show them, plus local shops and businesses, our support now that the weather is getting better.

To finish I would like to remind everyone that you are all very welcome to come to the Parish Council meetings held on the first Monday of every month. If you would like to put your name down to volunteer for any of the community days, then please drop a message to us.

Look after yourselves and stay safe.

Report from the Buildings Committee

At the time of writing the buildings (Village Hall, Jubilee Hall, and the Pavilion) are still under Covid regulations and as a result the Parish Council has lost an important source of income over the past 12 months. However, we are grateful that Riverside Pre-School was able to continue during lockdown and we look forward to welcoming back some of our regular users as lockdown is eased. The WI and LHS both hope to return in June/July and two new regular hirers have started – Hart Beeps (a mother & toddler group) on a Thursday and Wing Chun Kung Fu group who will meet on Tuesday evenings and Saturday mornings.

A new fire alarm system has been installed in the halls and CCTV was added to the Pavilion (covering the car park and Westminster Field) and the Halls CCTV was enhanced to cover a wider area.

Asbestos reports were carried out for the Village Hall and Pavilion and the certificate updated.

As the situation eases, we will be pleased to accept bookings from casual hirers and potential new regular hirers.

Terry Moyle – Building Committee Chairman

Report from the Recreation and Open Spaces Committee

The ROS committee have been keeping busy over the past year despite only having meetings virtually. Our yearly inspections of the Allotments and Parish burial ground still went ahead as usual without any major concerns. A new handrail has been installed in the burial ground to help assist those with walking difficulties and bulbs have been planted by Christine Page.

In Westminster Field we are planning on easier access into the river from the picnic area and the dog river access has been completed with a new hedge planted to partition it from the main picnic area.

Unfortunately, a couple of the cherry blossom trees in the avenue have been the victim of vandalism and will be replaced. However, the culprits have been caught on the newly installed CCTV and footage passed to the police for their investigations.

We have recently completed the overflow car park which will be used during busy periods to ease the parking congestion on the Street and Bull Hill.

The Parish Council have upgraded to a new booking system which has resulting in us being able to look after the football pitches and pavilion. This in turn will allow us to reinvest monies raised from the hiring out of the facilities back into pitch and pavilion upgrades without the need to reduce services in other areas of the community. So far, the pitch furthest from the pavilion has been seeded and top soiled and should be ready for the new season.

Heathside has seen extra CCTV cameras installed which now cover the whole area including the buildings and hall car park. As a result, we have been able to identify when vandalism occurs quickly and request police attendance.

Tarmac has been laid at the entrance to Heathside as the ground was uneven and it was particularly difficult for those with mobility problems and prams.

Shrubbery Road has now had the remains of the old playground removed with the slide donated to a local pub. The new playground will be installed at the beginning of May. You can see the plans on the next page.

From a request from a resident in Horton Kirby, KCC highways agreed that the two grass verges on the corner of School Lane and Lombard Street be transformed into wildflower areas. If this proves to be successful, we could start to see more areas like this in the future, making new natural flora and fauna habitats to encourage wildlife.

We were successful in our Woodland Trust bid and were awarded 30 saplings (Silver Birch, Rowan, and Wild Cherry) which will be planted in Westminster Field.

James Stewart – ROS Committee Chairman

Shrubbery Road Playground

The previous playground at Shrubbery Road was beyond its useful life and was starting to fail inspections, so this was the perfect opportunity to look at whether it should be replaced at Shrubbery Road or moved to the Top Paddock.

The Top Paddock was being considered as an option as it is an underutilised area of land that has been a victim of fly tipping, used by inconsiderate dog owners and has neighbouring residents requesting new fencing and landscaping. These issues may have been resolved if this was chosen as the location.

It would have opened the possibility of allowing roadside parking at Shrubbery Road in the future by moving the existing fencing in by no more than two metres, keeping the remaining grassed area available for soft landscaping.

However, after resident feedback the Shrubbery Road site was the preferred choice.

Here is an image of the new playground with the equipment.



Work to remove the old playground has already been carried out, with the slide donated to a local pub for their garden.

Installation will start at the beginning of May taking up to two weeks to fully complete.

Parish Council Awards 2020-2021

The Parish Council has made two awards this year and both are very worthy recipients of our Certificate.

Nicola Wallace has carried out a lot of good work during the pandemic and the lockdown. In 2020 she approached the local supermarkets and encouraged them to donate Easter eggs for children and key workers in the villages. She took the eggs to local schools - the target was 1000 eggs, but Nicola delivered over 3,000! She has collected items for food banks for St Mary's Child Charity, Greenhithe and supported the Living Well Charity, Holy Trinity, Dartford. In July 2020 she made up hampers and sent them to small businesses that had worked through the pandemic and to other individuals who had given up time to help. In August she organised a craft stall at the Co-op in South Darenth in aid of Mind. She encouraged children to help her and her son Findlay and raised over £1,200 for Mind. She later organised a project to raise awareness of the need for food banks and set up a GoFundMe page for St. Mary's Child food Bank in Greenhithe. Sutton Manor nursery donated a gnarled olive tree to help fundraise for the project - this raised £2,180. She organised a Halloween Trail with prizes, again for Mind. In December she delivered homemade cakes to carers in the villages. Nicola is an amazing organiser and involves a variety of people, both adults and children, in her projects. She works tirelessly for deserving causes.

John Woodhead has been a stalwart of the local history society since it started in 1994. He was involved in the production of the book in 1994 to mark the centenary of parish councils – “Horton Kirby and South Darenth, Pictures and Memories of 100 years 1894-1994”. For over thirty years John has collected newspaper cuttings and photographs of the villages. He was very much involved with the campaign against the Channel Tunnel rail link coming through South Darenth and produced a book to mark the success of the campaign – “Sinking the Link” (2012). Over the years John has interviewed and recorded some of the memories of the older residents in the villages and has produced a series of booklets (“In Their Own Words”). To mark the 125th anniversary of the Parish Council, in 2019 John used photographs from his collection and from others in the LHS and villages to produce “Horton Kirby and South Darenth – Yesterday and Today”. John has been a committee member of the LHS since its foundation and in recent years has served as Minutes Secretary. He has worked tirelessly for the society. He will be missed by everyone who knew him. John and Helen have now moved to Cumbria and we wish them well in their new life. John's vast collection of newspaper cuttings back to 1990 are now in the archives and the society's aim is to digitalise them.

Report from Darent River Preservation Society



Malcolm Dunn

Rainfall in December 2020 and January 2021 was notably high and exceptionally high in January. 226% above the long-term average in January. Many flood alerts in the South East during this time.

Recharge of groundwater 257% of monthly long-term average. This is quite extraordinary data.

Westminster Field was flooded again during the last two weeks of January.

Reservoirs in Kent are full except Bewl which is 92% full at the time of writing 23/4/21.

We are in a good position to deal with 2021 even with a hot dry summer.

The Darent does suffer from low flow usually by September then autumn, winter rain in the valley “tops up” the river.

Rainfall in March and April has been much lower this year, but ground water reserves are high. The present data and observations suggest that this is a repeat of 2020 currently.

As a result of the Darent Action Plan which was completed a few years ago, water abstraction is well away from the Darent and some pumping stations close to the Darent have been shut down – or running at reduced capacity. Steps have been taken to safeguard our river and the benefits are enormous.

There are two variables which can affect the river. Obviously, the weather and the other is public demand.

Should expansive housing development in this area go ahead, then this will have to be seriously considered. I have not heard of any plans or consultations yet. It is just a possibility.

DRiPS continue to be involved and in consultation with the North West Kent Countryside Partnership, Thames 21, South East Rivers Trust, the Environment Agency, and Thames Water.

Further meetings are in the pipeline.

HORTON KIRBY AND SOUTH DARENTH PARISH COUNCIL GRANTS

The Parish Council awards grants, at its discretion, to community organisations who demonstrate a clear need for financial support. The organisation must be either non-profit making or charitable. The organisation will normally be expected to have clearly written aims and objectives, a written constitution and membership rules, copies of which should be submitted as part of the application. An organisation is normally required to have a bank account in its own name with two authorised representatives.

In 2020 the Grants Committee agreed to award grants to 'We are Beams' and the Kent Surrey and Sussex Air Ambulance.

'We are Beams' is a local charity that supports disabled children and their families in Kent and Medway. The disabled children and young people who access their services are aged between 4–19 years. They will usually have one or multiple learning difficulties, complex health needs and challenging behaviour. 'We Are Beams' work is divided into four key areas; Short Breaks Services; Family Advice Service, Direct Payment Service and Dragon's Retreat. They were given £1000 to allow them to purchase televisions for their 6 bedded Dragon's Retreat Respite Centre.

Kent, Surrey, and Sussex Air Ambulance were awarded £750 to help them continue to save lives. They operate 24 hours per day, 365 days per year and attend over 2,500 missions. Very recently the Air Ambulance touched down in the Heathside to come to the aid of an unwell person.

Applications for a grant must be from either a non-profit making or charitable organisation and are open from 1st January to 31 December 2021. For more information and the application form, please either contact the Parish council's website:

Applying for a Grant Horton Kirby & South Darenth Parish Council - Horton Kirby & South Darenth Parish Council, South Darenth, Dartford
(hksdparishcouncil.co.uk)

or call the office on 01322 865193 or email office@hksdparishcouncil.co.uk

St Mary the Virgin Horton Kirby



The details of post-lockdown services and events are – at the time of writing – still a work in progress. If you would like to be kept up to date with what is on at St Mary's, drop me an email at revd.emma.young@hotmail.co.uk and I will gladly add you to the mailing list. In ordinary times, life at St Mary's includes not only a range of services but also café space, talks, social events and fundraisers, and the mailing list is the easiest way to stay up to date. If you are on Facebook, you might also like to follow us at <https://www.facebook.com/stmaryshortonkirby> and <https://www.facebook.com/darentvalleybenefice>

Church life has continued of course throughout the pandemic. Sunday worship has largely moved online to Zoom, and this will continue for a while even once we are back at "in-person" services. Do drop me an email if you would like to receive the invitation links. We've also been holding some services of Evensong (without the singing) at St Mary's; Remembrance Sunday was marked at the war memorial; craft packs have been distributed; funerals in church have continued throughout lockdown and, happily, confetti now studs the churchyard path as wedding season has begun. You will be hearing the church bells ring out again soon!

If you have been wondering about holding a wedding or a funeral at St Mary's, please get in touch. You do not need to be a churchgoer to be eligible and warmly welcomed.

Throughout the pandemic not only has church life continued but bills have of course also needed to be paid. Insurance costs continue, as does the ongoing maintenance of the building. It is now possible to set up a one-off or regular donation to the church (which is a charity, and so relies on donations) at <https://cafdonate.cafonline.org/13900>. Continued and increased donations are vital to the ongoing presence of St Mary's within the community: it will not survive without them. Every contribution makes a difference.

St Mary the Virgin Horton Kirby



On which note, many thanks to those who took part in the online Christmas raffle held to raise money for St Mary's and its two sister churches, and which raised £1440, split three ways. Also thanks to those who helped to tidy up the churchyard last October; to St Mary's fabric committee who have continued to care for the building with great commitment (remember that The Bull pub hosted the star that usually sits on St Mary's tower last Christmas? it's because the flagpole had broken in a storm and embedded itself in the roof: there are always pieces of work to be done on maintaining such a large and historic building!); and finally to the churchwarden Anne Williams and all who support her: without them church life at St Mary's wouldn't be able to continue, and they serve the church and wider community with great care and love. We are lucky to have them.

If the pandemic or anything else has raised questions of faith and meaning for you, I am here and always glad to talk with you, or to pray for you.

With best wishes as you look to the coming months, to new rhythms of life, and the continued flourishing of springtime,

Revd Emma

revd.emma.young@hotmail.co.uk

07563 276794

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THE CHARITY OF ANTHONY ROPER

Anthony Roper left a legacy for “charitable purposes” when he died in 1597.

Over the years the Anthony Roper Trust became known informally as Roper’s Charity and is still going strong, over four hundred years later.

Within its specific geographical area, Roper’s Charity supports the education and wellbeing of children and young people, the elderly, and anyone else in need of support which the state is unable or unwilling to provide.

This charity can give, at the trustees’ discretion, small grants to local organisations or individuals.

If you are a student in need of funds for essential books or equipment for your studies, or an organisation in need of a donation, the trustees would be pleased to hear from you.

If you are a pensioner in need of a small grant you are welcome to apply.

If you are interested, please get in touch with one of the trustees, contact numbers as follows:

Roy Cockburn 01322 863600

Malcolm Green 01322 863005

Gill Tripp 01322 863476

**If you would like to purchase
rubbish/recycling/garden bags please either call on
01322 865193 or email
office@hksdparishcouncil.co.uk
to prearrange a pickup time.**

Cash to be in a secure envelope.

Horton Kirby & South Darenth WI

The WI has continued to meet and support its members throughout the pandemic.

We have delivered meetings in a bag, met whenever rules allowed and even conquered zoom meet ups and talks!

We have had speakers, quizzes, chats and discussions, the knit & natter group, book groups and walking groups throughout the lockdowns by whichever means we have been allowed to. We even had a panto (oh yes, we did!).

Now we are back to actual meetings and our programme for the next few months:

24 June 2021 Afternoon meeting – Jubilee Hall (outside area) Strawberries & Scones

15 July 2021 Afternoon meeting – Jubilee Hall (outside area) AGM Cheese & Wine

19th August 2021 Afternoon meeting – Jubilee Hall (outside meeting) Picnic in the Park

16 September 2021 Evening meeting – Village Hall Speaker

After this we revert to evening meetings, every third Thursday at the Village Hall.

You are welcome to join us for two “try before you buy” meetings for free but we do ask for a donation where food/drink is provided. Annual membership is currently £44.

In addition to the above monthly meetings, we have book groups (afternoon and evening), a walking group, knit & natter afternoons, outings and much, much more plus the national and regional events are also starting up again for you to join in with once you are a member.

Come along and give us a try. We are a friendly, happy bunch of ladies (you must be over 18 to join) who love to meet new people and try new things.

Further info from Pauline Rowley (President)
07771 598968 or email HortonKirbySouthDarenth@wkwfwi.org.uk



The Royal British Legion South Darenth Branch

We would like to firstly wish you and all your families well in these most testing of times. We, like everyone else, are hoping that there is light at the end of the tunnel as we are seeing more restrictions lifted. We would like to take this opportunity to just give a very brief update as to where we are at the Royal British Legion.

We are still on government advised lock down and hoping it will not be for much longer. When we are allowed, we will be resuming our various activities i.e., bingo, quiz nights and our branch meetings.

The Royal British Legion is committed to continue helping our veterans and their families, if you are interested in joining us, please get in touch.

We will be posting updates as and when the various measures have been lifted, so please keep your eye on our Facebook page and various noticeboards around the village.

Many thanks

The committee. The Royal British legion (South Darenth Branch)



Whilst the varying intensities of lockdown have been very disruptive to the work of the Darent Valley Landscape Partnership Scheme, the team has been working hard and our activities have continued to progress all along the valley between the Dartford Marshes and Westerham.

Our Landscape Heritage Grant Scheme has been launched and we are looking for interesting and innovative ideas to help people care for, explore, enjoy, learn about, and celebrate the wonderful landscape and heritage of the Darent Valley. Grants of between £1,000 and £15,000 are available and we are particularly keen to see community-based applications coming from the northern end of the valley. The criteria are very broad and could include art-based activities as well as those that involve practical conservation work. Just head to our dedicated webpage at www.darent-valley.org.uk/projects/community/local-landscape-grants/ for more information. If you have an idea, submit a quick 'Expression of Interest' and we can help you develop your idea.

We will shortly also be launching our Community Curated Local Landscape Trails project. We would like each parish in the valley to develop a walking trail that introduces the local landscape and its hidden heritage and history to residents and visitors. This might utilise an existing route or could be an entirely new one. Our funding will help you to improve the paths used, develop signage and interpretation, and produce an audio guide to be included on our new Darent Valley app. In addition to the National Lottery Heritage Fund, funding for this is being provided through EXPERIENCE, an Interreg Channel project through the European Regional Development Programme. The aim is to develop sustainable experiences that attract visitors, especially in the off-season.

The one element that has been of particular concern and a priority to Horton Kirby and South Darent parishioners is the condition of the Darent Valley Path between Station Road and Westminster Fields. The good news is that we will be working to provide a solution to the problems caused by water-logging and poor surface this summer. The new DVLPS Access Officer will be working with the parish council and KCC Rights of Way to deliver this ahead of the weather deteriorating again in the autumn.

Finally, we would love anyone interested in the work of the DVLPS to sign up to our e-newsletter by visiting our website at www.darent-valley.org.uk or by following our social media channels on Facebook, Twitter and Instagram.

We have an exciting series of events and workshops that will be delivered throughout the year and our distinctive silver Airstream caravan will be touring various sites and events as we emerge from lockdown. If you see us, come over and say hi!



South Darenth u12's are looking to strengthen their squad, current year 7 moving into year 8 in September. We are looking for outfield players to join our fun and friendly club. 11-a-side football with training on Saturday and matches on Sundays. We are currently in the Selkent C league looking for promotion to the B. We are a Charter Standard club with FA qualified coaches.

Please get in contact with Adam on 0772 3385000



1st Horton Kirby Scout Group

Beavers (age 6-8) - Tuesday 5.45-7pm

Cubs (age 8-10.5) - Monday 6 -7.30pm

Scouts (age 11-14) - Wednesday 7.15-8.45

Explorers (age 14-18) - TBC, usually 7.30-9.30

If you want your child to be part of the great Scouting Experience, please contact Barbara Bradley on 01322862005 or

bradleyforgelane@btopenworld.com



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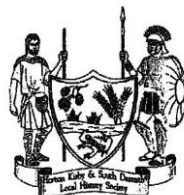


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Thursdays during term time

Booking at www.bookeo.com/hartbeepsnorthkent

Contact - camille@hartbeeps.com

HORTON KIRBY AND SOUTH DARENTH LOCAL HISTORY SOCIETY



The last meeting of the Society was held in March 2020, but we hope to be able to have a meeting on 12 July 2021 when the speaker will be Ed Thompson on "The Villages of the Upper Darent Valley".

On September 13th Keith Whitlock will be giving part 2 of his talk "Up the Junction – Old Swanley and the AGM will be held on 8th November 2021. All these meetings will depend on Covid restrictions.

The programme for 2021 has been arranged – talks will include A Schoolgirl's War (2WW); Artists of the First World War and Murder; Madness and Mayhem in the Belgian Royal Family.

Our thanks must go to two members who have given stalwart service since the LHS was formed 26 years ago. Jan Ovenden has retired as Treasurer after many years and we welcome Pat de Winton to fill the vacancy. John Woodhead has moved to Cumbria – he has been our Minutes Secretary and has been closely working with others on our collection of old photographs. John was responsible for producing "Horton Kirby and South Darenth – Yesterday and Today". We wish him well in his new home. Stephen de Winton is the new Minutes Secretary, and we thank both Pat and Stephen for volunteering for these roles.

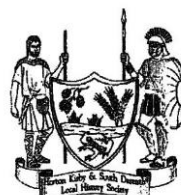
- LHS meetings are held in the Jubilee Hall starting at 8pm (bi-monthly)
- All visitors are welcome (£2 admission)
- Annual Membership - £7 (individual) or £10 (couple)
- Refreshments are served after the meeting (tea/coffee/biscuits)
- There is a raffle at each meeting (4-5 prizes)
- Publications are available from the Parish Office (Mondays & Fridays)

Publications include

1. A Walking Tour of Horton Kirby and South Darenth £1
2. Farningham Road Station £5
3. Images of Horton Kirby Paper Mills £5
4. Memories of Horton Kirby Schools £2
5. Sinking the Link £5
6. Never Such Innocence (Sutton at Hone & Hawley in the First World War) £4
7. Our Peace was won by the Men who Fell (HK & SD in First World War) £5
8. Horton Kirby & South Darenth – Yesterday and Today £15

The latter was produced by the LHS on behalf of the Parish Council and copies are available from the Parish Office – this has been a popular publication.

Further information from Terry Moyle (Chairman)
07939581572 or terrymoyle74@gmail.com





If just like me you have been feeling out of sync and longing for some routine and discipline back in your life, yoga could be the perfect answer. During the on and off lockdowns we have been online with our virtual yoga class. This was perfect while all other activities were suspended, and this virtual class felt like a real tonic!

Now we are looking forward to the summer and returning to the Jubilee Hall so we can practice yoga together and receive more individual guidance. Every Tuesday 10.30am to 11.30am. £24 for four sessions. These sessions do not have to be consecutive. You will need your own equipment and we will be observing all the government guidelines on social distancing.

Why practice yoga?

Yoga is an ancient scientific practice which originated from India and has evolved over thousands of years. More recently, there have been many studies proving that yoga can help improve quality of life and can help to maintain a fit and healthy body, and mind.

The word yoga is a Sanskrit word which means union, or more specifically yoke. When we practice yoga, we are trying to unify or bring balance to the mind, the body, and the breath.

Studies have also shown that yoga helps to improve circulation, digestion, balance, flexibility, and agility. Yoga can also help to maintain and even improve functional capacity such as concentration and endurance. Yoga postures are specifically designed to strengthen muscles, tendons, ligaments, and joints. The poses (asana) are performed with specific alignment and are mindfully executed.

Yoga, much like Pilates, also improves core strength which is essential to promote healthy backs and hips which prevent trips and falls.

Yoga improves mental strength and has a calming effect; this in turn not only relieves tension but can help you have a better night's sleep.

The breathing practices of yoga known as pranayama increase lung capacity which in turn delivers more oxygen to the body and helps with overall performance and efficiency. This relieves soreness and enhances tissue repair.

Relaxation and meditation practices allow the body to rest and digest and induce the relaxation response switching off the flight, fight, freeze response which can cause stress and anxiety.

The question therefore is, why wouldn't you practice yoga?

A bit about me!

I have been practicing yoga since 1999. I started training to become a yoga teacher in 2007 with the British Wheel of Yoga (BWY). The BWY is the governing body of yoga in the UK. I am now a fully qualified Yoga Therapist (Dip 550hrs). I am also a member of the Complimentary and Natural Healthcare Council (CNHC). Additional training includes; Menopause Yoga, Pregnancy Yoga/Post-natal Yoga, Well Woman Yoga, and Children's Yoga.

Contact Caroline for more details: northkentvoga@gmail.com

Website: www.redbridgeyoga.co.uk



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Thursday Friends

British Legion Hall, Devon Road, South Darenth, DA4 9AB

2nd Thursday of every month – 8pm

We are a friendly group that enjoys chat, games, talks, quizzes, music evenings and outings and would love you to come and join us

No need to book, but if we know you are coming, we can look out for you and welcome you

Cost: £2 including refreshments, Oddfellows members free

For further information please contact Jane 01322 663706,
07752 502589 jane.parkin@oddfellows.co.uk

In South Darenth and beyond the Oddfellows help our members get more enjoyment out of life, see our website for full details
www.oddfellows.co.uk

On Your Feet

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Where Medi meets Pedit®

Village Hall Regular Activities

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9.15am-12.15pm or 1.00pm Riverside Preschool	9.15am-12.15pm Riverside Preschool	9.15am-12.15pm Riverside Preschool	9.15am-12.15pm or 2.45pm Riverside Preschool	9.15am-12.15pm Riverside Preschool	Casual Bookings	Casual Bookings
1.15pm-3.15pm Monday Club (TBC)	Keep Clear for Maintenance	1.45pm-4pm Short Mat Bowls (TBC)		Casual Bookings	Casual Bookings	Casual Bookings
1st Mon Parish C 7.30pm-9.30pm (TBC) 3rd Garden Club 7.30pm-10pm (TBC)	WM Wing Chun Kung Fu 6.15pm-9pm (TBC)	7.30pm-10.30pm Falcons Table Tennis Club (TBC)	7.45pm-10pm Bushin Kenpo Martial Arts Academy (TBC) 3rd 7pm-10pm WI (Returning on 16/09/21)	Casual Bookings	Casual Bookings	Casual Bookings

Updated 27 April 2021 – Documents\Village Hall\Village Hall Regular Activities.doc

Jubilee Hall Regular Activities

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	10.30am -11.30am Yoga (TBC)		8.30am-3pm		Casual Bookings	Casual Bookings
	2pm-4pm Befriending Group (TBC)			Casual Bookings	Casual Bookings	Casual Bookings
7.30pm- 9.30pm LHS (as per dates - resuming in July 2021)		Dog Training Class 7.00pm-10.00pm (TBC)	3.30pm-5.30pm WI (as per dates) 24/06/21 15/07/21 19/08/21	Casual Bookings	Casual Bookings	Casual Bookings

Updated 27 April 2021 – VH Jubilee Hall\Jubilee Hall Regular Activities.docx

Recent Planning Decisions

Planning applications Jan-May 2021

SE/20/03732/FUL Coach House at Reynolds Place, Rays Hill, Horton Kirby, Dartford, Kent, DA4 9DB	Restoration, alteration and conversion of existing building to form three self-contained dwellings	REFUSED
SE/20/03733/LBCALT Coach House at Reynolds Place, Rays Hill, Horton Kirby, Dartford, Kent, DA4 9DB	Restoration, alteration and conversion of existing building to form three self-contained dwellings	REFUSED
SE/20/03461/FUL The Darent Wax Company Ltd, Unit 1 Horton Kirby Trading Estate, Station Road, South Darenth, Dartford, Kent, DA4 9BD	Installation of a chiller unit and air intake duct to the rear elevation	GRANTED
21/00671/HOUSE The White House Holmesdale Hill South Darenth Kent DA4 9JR	Replacing existing timber windows and doors with new timber windows and doors	AWAITING DECISION
21/00672/LBCALT The White House Holmesdale Hill South Darenth Kent DA4 9JR	Replacing existing timber windows and doors with new timber windows and doors	AWAITING DECISION
21/01162/MMA 42 School Lane Horton Kirby Kent DA4 9DQ	Minor material amendment to 19/02095/House	AWAITING DECISION

Planning applications June - Dec 2020

SE/20/02167/HOUSE Carinya, Lombard Street, Horton Kirby, Dartford, Kent, DA4 9DF	Single storey rear extension, loft dormer extension and erection of two front dormers	REFUSED
SE/20/02986/HOUSE Carinya, Lombard Street, Horton Kirby, Dartford, Kent, DA4 9DF	Single storey rear and erection of two front dormers	GRANTED
SE/20/03461/FUL The Darent Wax Company Ltd, Unit 1 Horton Kirby Trading Estate, Station Road, South Darenth, Dartford, Kent, DA4 9BD	Installation of a chiller unit and air intake duct to the rear elevation	AWAITING DECISION
SE/20/02228/HOUSE 30 New Road, South Darenth, Dartford, Kent, DA4 9AR	Proposed detached outbuilding, log cabin style	GRANTED
SE/20/02275/HOUSE 75 School Lane, Horton Kirby, Dartford, Kent, DA4 9DQ	Alterations to existing ground floor extension, removal of existing rear dormer, erection of first floor extension, roof lights and alterations to fenestration	GRANTED
SE/20/02330/HOUSE 59 Shrubbery Road, South Darenth, Dartford, Kent, DA4 9AP	Formation of vehicular access	GRANTED
SE/20/01658/HOUSE Rashleigh Lodge, Horton Road, Horton Kirby, Dartford, Kent, DA4 9BN	Erection of new outbuilding	REFUSED
SE/20/02595/HOUSE Rashleigh Lodge, Horton Road, Horton Kirby, Dartford, Kent, DA4 9BN	Erection of new outbuilding	GRANTED
SE/20/03111/HOUSE Beulah, Dartford Road, Horton Kirby, Dartford, Kent, DA4 9JE	Demolition of existing side and rear extensions, with complete removal of existing bungalow roof. Erection of a single storey rear extension with access to raised decking area and entrance steps and formation of new habitable first floor under new roof with gable ends and rear dormer alterations to existing fenestration	GRANTED
SE/20/03526/HOUSE 71 Saxon Place, Horton Kirby, Dartford, Kent, DA4 9JQ	Single storey front extension	GRANTED
SE/20/00324/VAR106 Horton Kirby Paper Mills Ltd, Horton Road, Horton Kirby, Dartford, Kent, DA4 9AU	Modification of S106 agreement dated 30 October 2006 in relation to planning permission 05/02000/FUL in order to amend the mortgagee exclusion clause for mixed use development of 210 residential units, including 42 affordable housing units, 4 live/work units, commercial floorspace, alterations to access & associated highway works, removal of an existing culvert & reinstatement of an open river channel & assoc. works, retention of & works to Listed Buildings, provision of 324 car parking spaces, areas of public & private amenity space & landscape works	AWAITING DECISION

Parish Council Information

Parish Council Meetings held on the first
Monday of every month in the Village Hall

Parish Councillors

Chair: Peter Rushbrook – cllrpcr@hotmail.com

Vice Chair: Roger House - 01322 862724

Ian Blackamore - 01322 864024

Dawn Mitchell - 07910 312710

Terry Moyle - 07939 581572

Christine Page - 01322 864776

Mike Stead – 07985 938323

James Stewart – 07805 063821

Tristan Ward – tristanward@btinternet.com

District Councillors

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Brian Carroll

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County Councillor

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Member of Parliament

Laura Trott

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